

PROTECT YOURSELF AGAINST MENINGITIS

It's up to YOU

Deadly strain of meningitis on the rise

- It causes severe disease in healthy teenagers and young adults

Take action now

- Aged 25 or under and starting university for the first time? **You need to get MenACWY vaccine yourself if you haven't already had it.**
- Getting vaccinated will protect you and also help **#StopTheSpread** to vulnerable young children and older people



KNOW THE SYMPTOMS of meningitis and septicaemia

Vaccination does not cover all strains



Fever/
vomiting



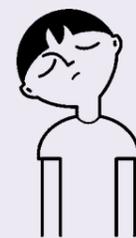
Severe
headache



Stiff
neck



Dislike of
bright lights



Very sleepy/
vacant/difficult
to wake



Confused/
delirious



Rash



Seizures



Limb, joint and
muscle pain



Cold hands and
feet/ shivering



Breathing fast/
breathless



Pale and
mottled skin

Meningitis vaccine questions?

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